The Hajj: Journey to Mecca
Video Viewing Guide

Directions: After watching the first two segments of The Hajj, work with your partner to answer the questions from section one and two below using the transcripts from the programs. Then, watch the third segment and review the transcript. Get together in small discussion groups to review the questions to the third segment. After discussing the questions from part three, choose a spokesperson to present the group’s responses.

The Hajj, Part One
Synopsis: Abdul Alim Mubarak, an editor for CNN who lives in New Jersey, says good-bye to his family to travel to Mecca to experience the hajj pilgrimage. He discusses his expectations and reasons for making the trip.

After watching the video, answer these questions:
1. Describe Abdul Alim Mubarak’s expectations before going on the hajj.
2. Why did he feel he needed to make this journey?
3. What influences helped Abdul make the conversion to Islam?
4. Why does he feel Islam is the best religion for him?
5. How does his family feel about Abdul taking the hajj?

The Hajj, Part Two
Synopsis: Abdul discusses his experience at the hajj and describes the different rituals and their meaning as well as their effect on him.

After watching the video, answer these questions:
1. What were Mubarak’s recollections of the main activities on the Hajj:
   - Entering a state of ihram
   - The tawaf or circular walking around the Ka’aba
   - The sa’i or seven trips between the small hills named Safa and Marwah
   - The visit to the Plain of Arafat
   - the throwing of the stones
2. What connections do the rituals of the hajj have with historical events?
3. What was the ultimate goal of the hajj for Abdul Alim Mubarak?
4. What were some of the positive experiences Abdul had at the hajj?

The Hajj, Part Three
Synopsis: Abdul shares some of his experiences with a group of children at the Islamic Center in Newark, New Jersey. Here he tries to explain the experience he went through and how important it was for him.

After watching the video, answer these questions:
1. What were some of the general comments Abdul Alim Mubarak made about his experience at the hajj?
2. How did the hajj experience make Abdul feel about his relationship with other people? With himself? And with Allah?
3. How did his family feel about Abdul’s hajj experience?
4. Do you feel Abdul fulfilled his earlier expectations going on the hajj?