



Name: _____

Date: _____

Ramadan Observance Passages from the Qur'an Regarding Fasting

O you who believe! Fasting is prescribed to you, as it was prescribed to those before you, that you may learn self-restraint. (Qur'an, 2:183)

Fasting for a fixed number of days; but if any of you is ill, or on a journey, the prescribed number should be made up from days later. For those who can do it with hardship, is a ransom, the feeding of one that is indigent. But he that will give more, of his own free will, it is better for him. And it is better for you that you fast, if you only knew. (Qur'an, 2:184)

Ramadan is the month in which was sent down the Qur'an, as a guide to mankind, also clear signs for guidance and judgment between right and wrong. So every one of you who is present at his home during that month should spend it in fasting, but if any one is ill, or on a journey, the prescribed period should be made up by days later. Allah intends every facility for you; He does not want to put to difficulties. He wants you to complete the prescribed period, and to glorify Him in that He has guided you; and perchance you shall be grateful. (Qur'an, 2:185)